



## **Lake Osoyoos Sailing Club Club Rules and Etiquette**

The positive collaboration of members increases enjoyment; facilitates fair and efficient use of the Clubhouse and facilities; and minimizing misunderstandings. It is the responsibility of members to be familiar with, and follow, the Club rules and Etiquette and to ensure guests and family members do the same. Thank you for always being considerate of the membership as a whole.

### Boats

- 1) Powerboats are to be used only for race management, race operations and for safety/rescue and may not be used for recreational purposes.
- 2) Club boats may be used by Club members if they are not needed for Club activities and subject to the appropriate fees. Members use the Club boats at their own risk and must ensure the safety and supervision of anyone using the boat.
- 3) Club boats must be properly rigged, launched and cared for while sailing. The boat must be de-rigged, dried and properly stored within a reasonable time after use. Normal wear and tear is inevitable, however, members are responsible for any damage caused by neglect or carelessness. The Executive reserves the right to decline the loan any a boat, if deemed appropriate.
- 4) All boats must be properly secured. Members are responsible for any damage their boat causes to other boats or property if it breaks loose either on land or water. Members are required to carry third party bodily injury and property damage liability insurance.
- 5) Boats, dollies or other equipment may not be borrowed without the consent of the owner. Dollies must be kept clear of the launching ramp and boats.
- 6) Boats are quite fragile - do not sit, stand or lean on any boat that does not belong to you.
- 7) Members must store their boats in their assigned area and are responsible for keeping the vegetation under their boat in good condition and for the general maintenance and tidiness of the area.
- 8) Floats and anchors must not be used by members unless specifically approved in advance by the Executive. If approved, floats and anchor systems must not pose a danger or inconvenience to people walking or boats maneuvering in the area.

### Grounds

- 1) No living tree or bush may be cut except for pruning purposes. Members may not remove chopped or other wood from the grounds except with the permission of the Executive.
- 2) No fertilizers for herbicides may be used without permission of the Executive.
- 3) No open fires are allowed.



4) Club property and facilities are for use by all members and may not be monopolized by one person or group.

5) Boat trailers may not be stored on club property. Short-term exceptions to this policy require the approval of the Executive. Any boat trailer without special approval from the Executive may be moved to the nearest storage facility at the owner's expense.

6) Extraneous objects, whether for club or personal use, may not be stored on club property without Executive approval.

7) When a membership expires, all personal belongings - including, but not limited to, boats, boat dollies/racks and contents of lockers - must be removed from Club property. The disposition of any belongings remaining after thirty (30) days will be at the discretion of the Executive.

8) Vehicles are not to be driven onto the grassed areas of the Club property. Exceptions may be made by the Executive for emergency access or in support of specific Club activities.

#### Kitchen

1) The kitchen is for the use of all members, except during events and regattas.

2) Members must clean up after using the kitchen and may not leave dishes and cups to soak in the sink or to dry in the draining rack.

3) For hygiene reasons, the sink in the kitchen is for food preparation and cleanup only. Equipment is not to be washed in the kitchen.

4) Members must remove all food from the refrigerator at the end of their visit or event.

5) No garbage is to left in the kitchen. Please bag/remove garbage and place it in the garbage bins outside - better still, take it home and dispose of it in your household garbage.

#### Washrooms

1) Please leave the washrooms clean and tidy.

2) Do not leave personal items in the washrooms.

#### Pets

1) Pets are welcome at the Club but must always be under the control of an adult. Owners must clean up after their pets immediately. For hygiene reasons, pets are not allowed in the lounge and kitchen areas of the Clubhouse.

2) Repeated complaints about any pet may result in the prohibition of the pet from the Club's property.

#### Fishing

1) Fishing from Club property is prohibited.



### Swimming

- 1) Although not prohibited, swimming in front of the Club is generally discouraged as boat traffic can be quite heavy and can pose a danger to swimmers.
- 2) Members are responsible for supervising any children in their charge if they are in the water. Non-swimmers must be equipped with a personal flotation device suitable to their weight/size.

### Loan or Use of Club Equipment Off-site

The Executive is responsible for ensuring all equipment is properly maintained and available as necessary to operate programs for members. Therefore, the loan of equipment to non-members is generally not allowed. Further, the use of Club equipment off-site by members is also not allowed unless the Executive specifically approves of the use prior and, preferably, in writing.

### Water Safety

The on-the-water safety of all members and guests is extremely important to the Lake Osoyoos Sailing Club. All members racing or sailing for recreation are obligated to follow the water safety regulations established by the Club or dictated by the governments of Canada and British Columbia. Member activities that do not comply with these regulations are not sanctioned or approved by the Club. The Lake Osoyoos Sailing Club is not responsible for any personal injury, loss of life or property damage.

- 1) It is the sole responsibility of each boat operator to decide whether to start or continue to sail.
- 2) It is required, by law, that all boats are equipped with one approved lifejacket or personal flotation device per person, a paddle, a bailer and a sound signalling device. All boats must be appropriately equipped when launching from Club property. *Note: Wetsuits are not considered lifejackets or personal flotation devices unless specifically approved by the Canadian Coast Guard or some other acceptable authority and marked accordingly.*
- 3) All skippers and crew members are required to wear lifejackets during scheduled club races.
- 4) The Club recommends that no more non-swimmers or small children be on board than there are swimmers on board.
- 5) The skipper is responsible for the safety of the crew, guests and boat. To that end, they are responsible for ensuring all required safety equipment is on board and know how to right the boat in the event of a capsize.
- 6) New members and novice sailors are encouraged to consult more experienced sailors or any member of the Executive when in doubt about conditions.
- 7) Members are encouraged to write their route and expected time of return on the white board in the lounge AND erase the information upon their return. This information will aid rescuers in the event a boat goes missing.



8) If anyone aboard is seriously injured or otherwise imperilled and use the sound signalling device and/or the Marine Distress Signal (outstretched arms slowly raised and lowered). If a member observes anyone else signalling, the member will offer assistance as soon as possible and, if possible, call 911.

### Regatta Safety Protocols

It is the duty of the Race Committee to ensure the safety of competitors, volunteers and guests.

The Regatta Chair needs to be ready for action. He or she is to provide the Principal Race Officer ("PRO") with a support and rescue plan the regatta. The number of rescue boats will be determined by the number of competitors on the water, as well as the number of courses set. Coach, mark-set and spectator boats will be made aware that they are likely to be "drafted" to help in a crisis situation.

The Regatta Chair, shore crew and race support vessels should coordinate and communicate with the Committee Boat or onshore Committee Station. All on-the-water communications should go through the Race Committee as it will have greater communication capacity and personnel to record data and coordinate further response when needed.

The designated Safety Boat(s) should be manned by no fewer than two persons and should be a vessel which can be manoeuvred in tight spaces, can perform in varying wind and sea conditions, and of appropriate size to bring aboard any person from the water, whether conscious or not. Additionally, the designated Safety Boat(s) should all carry a "Safety Gear" bag to be able to respond effectively to anticipated situations.

The following acronym is suggested for rescue procedures... ACRCR. Those initials stand for ASSESS, COMMUNICATE, RESPOND, CO-ORDINATE AND RETURN.

1. ASSESS and identify the nature and type of emergency; determine how many people are involved and whether everyone is accounted for; determine whether the situation involves an injury and the severity of that injury.
2. COMMUNICATE with the Race Committee that an emergency exists and provide your assessment.
3. RESPOND and take appropriate emergency and rescue action.
4. COORDINATE recovery activities and communications with the Race Committee, emergency personnel and others to assist in the determination of whether any injured person(s) should be transported to shore for emergency care.
5. RETURN injured person(s) to a designated landside point which is accessible by ambulance and communicate status and condition with shore support and emergency personnel to accomplish rendezvous. Report back to the Race Committee that you have completed your task and ask for further instructions.



Just as the sailors check their gear before leaving the dock, boats designated as Safety Boats need to be prepared for anything, with a minimum number of personnel familiar with CPR. The following is a Safety Gear Equipment List for rescue boats:

- Recommended Canadian Coast/ Sail Canada safety equipment
- Clipboard with pad and pencils
- Whistle and Air Horn
- Throwing ring or throwing stick
- Boat hook and paddle
- additional 20' lines for towing alongside
- Heaving and securing light line-30'
- pre-tested handheld VHF radio
- Ground tackle suitable for anchoring damaged or overturned vessel
- Small bright-colored float with line and carabineer clip to mark the anchored vessel from which crew has been removed, spare carabineer clip(s)
- First aid kit and space blanket
- Duct tape, towels, spare small lines
- Wire/bolt cutters
- devise to bring unconscious person aboard
- Knife

Too much preparation is never enough in an on-the-water crisis situation. It is certainly worth the time in the weeks before the regatta, to GET READY.

### Health and Safety

The Lake Osoyoos Sailing Club holds the safety, welfare and health of all its members and contractors in high regard. The Club continues efforts to provide a safe environment for the ongoing enjoyment of members, visitors and contractors. The Club accepts its responsibilities and obligations under relevant legislation to provide resources, direction and support to achieve its commitment to providing this safe and healthy environment.

The responsibility and accountability for the ongoing health and safety program is jointly shared by the Executive, members and contractors. Consultation between the Executive and its members and contractors is an essential part of effectively managing health and safety. Members may contribute to decisions on the implementation of safety practices designed to ensure the health, safety and welfare of the members - member involvement is critical to ensuring a safe environment.

The Executive will share relevant information about health, safety and welfare with members, visitors and contractors. The Executive will ensure members have the opportunity to express their views and to contribute in a timely fashion to the resolution of health, safety and welfare issues at the Club.

In order to implement the general provisions of this policy, a Health and Safety Management System (HSMS) will be set up, continually update and effectively carried out. The HSMS will relate to all aspects of health and safety including, but not restricted to:

- a) Risk management, including the identification of hazards, assessment of risk, control of risk and continuous monitoring;
- b) safety responsibilities;
- c) emergency procedures;



- d) property inspections and audits;
- e) provision of information to members, visitors and contractors.

The Executive is responsible for the overall implementation of the Club HSMS. This responsibility ensures members and visitors are able to meet obligations through the provision of adequate budgets, the allocation of resources, review of appropriate health and safety guidelines and the maintenance of the HSMS. Each member of the Executive is responsible and accountable for assisting the Commodore in the overall implementation of the Club health and safety policies and ensuring compliance with those policies.

Members are responsible and accountable to comply with the Club health and safety policies, procedures and instructions. Members must ensure their own health and safety and the health and safety of others at the Club by corrective actions to eliminate hazards or to report those beyond their control to the Executive as soon as possible.

Contractors engaged to perform work on Club premises or locations are, as part of the contract, required to comply with Club health and safety policies and all relevant provincial or federal legislation and to carry out their work in a manner which will not create a hazard to their own health and safety or the health and safety of their fellow workers, Club members or other contractors.

This health and safety policy was reviewed and approved by the Executive on 8 April 2020. The next review will be the Executive meeting prior to the Annual General Meeting.